



Summer Junior Tennis Programs

@ Glens Falls Tennis & Swim Club

TOURNAMENTS

Level 2 Open – May 28-31
Glenwood Memorial Day Open Junior

Level 2 Open – June 11-13
Stew Sterns Memorial Junior

Level 1B – June 25-27
Adirondack Challenge Junior

Level 1 – July 5-8
Queensbury Championship Junior

Level 1B – July 23-25
Kathryn M. O'Keefe Memorial Adult

Level 1 – August 23-26
Queensbury Summer Chmp. Junior

CAMPS & LESSONS

Future College Tennis Player Camp
June 28-July 2

Tennis & Fitness Camp
July 12-16

Match Play Ability Camps
*July 19-23; July 26-30; August 2-6;
August 9-13; August 16-20*

Quick Start Tennis Camps
*July 12-16; July 19-23; July 26-30;
August 2-6; August 9-13; August 16-20*

Lessons
*July 19-23; July 26-30; August 2-6;
August 9-13; August 16-20*



Glens Falls Tennis & Swim Club
East Sanford Street
Glens Falls, New York 12801
Phone: 518.792.5512 OR 229-0323
Webpage: <http://gftsc.com/>
E-mail: info@adirondacktennis.com

Come join us for a summer of fun at the Glens Falls Tennis & Swim Club. The 2010 Summer Season promises to be our best season ever with kids camps, tournaments and lots of fun activities both on the courts and in the pool. There is something for every young tennis player, whether you join for a day, a week or the whole season.

SPECIAL CAMPS

FUTURE COLLEGE TENNIS PLAYER CAMP – a must for anyone thinking about playing college tennis. Each day we bring in a different college tennis coach to run drills, match play and to talk about how to prepare for college tennis. Someone from the USTA's Tennis on Campus program will also be there to talk about club tennis. This year we have lined up Gary Glassman (SUNY Stony Brook), Tim Smith (Marist), Nate Simms (Skidmore) and Mark Buddle (Union). Camp runs from 12-5 daily, June 28 – July 2. COST is \$189 (\$10 off if you sign up by June 4th). Weekly or Seasonal Membership is required. In the event of rain we will do indoor activities at either the Glens Falls YMCA or Adirondack Nautilus.

TENNIS & FITNESS CAMP – a full week of tennis & fun. There will be a trainer for 3 days to work on tennis fitness. *Improving your strength, Improving your flexibility, Improving your footwork = Improving your tennis game.* An all day tennis camp with lots of tennis games, instruction, fitness activities, match play and other fun activities. Camp runs from 9-4 daily July 12 – 16. COST is \$189 (\$10 off if you sign up by July 2nd). Half day camp - either 9:00-12:00 or 1:00-4:00 – is \$110. Weekly or Seasonal Membership is required. In the event of rain we will do indoor activities at the Glens Falls YMCA.

LESSONS

For the tennis player who just wants a little tennis each day you can join in our camps from 9:00-10:30 for an hour and a half of instruction. Lessons are weather permitting – weekly students can make up rain dates in subsequent weeks. Lessons are \$69 for the whole week. Individual days are \$20 per day.

All Camp & Lesson programs require club membership. Memberships are available on a Daily, Weekly or Seasonal Basis & include all club programming plus the use of all club facilities. See other side for details.



WEEKLY CAMPS

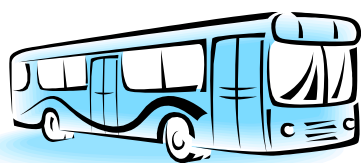
MATCH PLAY CAMPS – regular weekly tennis camps start July 19th and continue throughout the summer. Every day is different. Players learn new skills and work on old skills using drills, games and match play. Some days there will be inter-camp activities with other tennis programs. Some days we will do intra-club match play (campers vs. club members). Camp runs from 9-4 daily COST is \$179 (\$10 off if you sign up 2 weeks in advance or more). Half day camp - either 9:00-12:00 or 1:00-4:00 – is \$105 (\$10 off for early sign up). Camps are available on a daily basis if space is still available at a cost of \$45 for full day / \$27 for half day. Daily, Weekly or Seasonal Membership is required. In the event of rain we will do indoor activities at the Glens Falls YMCA.



QUICK START TENNIS CAMPS – regular weekly tennis camp for beginning younger players (Ages 5-9). These camps run daily and feature age appropriate tennis activities and equipment. This is a fun way for kids to start learning and playing tennis. These camps start July 12th and continue throughout the summer. Camps run daily from 10:30 – 12:00. COST is \$35 for the week, \$9 Daily. In the event of rain makeup days will be given in subsequent weeks.

BEGINNER TENNIS CAMPS – regular weekly tennis camp for beginning younger players (Ages 10-13). This is a fun way for kids to start learning and playing tennis. These camps start July 12th and continue throughout the summer. Camps run daily from 10:30 – 12:00. COST is \$45 for the week, \$12 Daily. In the event of rain makeup days will be given in subsequent weeks

The Glens Falls Tennis & Swim Club features 10 clay courts, a large swimming pool, clubhouse, locker rooms, snack bar and more. Friday nights we will have movies by the pool for our junior club members. Most days we will be running junior games in the morning (scavenger hunts, ultimate frisbee, Trangleball, tag games, kickball and many other fun activities). Most afternoons the club will run pool games – a fun way to cool off on a hot summer day. There will be a separate set of activities for the younger members including arts and crafts. Club activities take place during normal camp hours and are free to all club members, whether they are daily, weekly or seasonal. The club runs many USTA Sanctioned tournaments during the summer. Seasonal club members can play in the tournaments at a greatly reduced price (\$15 includes singles and doubles). Private, Semi Private and Group lessons are also available. Junior Membership rates are: \$187.25 for a seasonal membership, \$42.80 for a weekly membership, \$10.70 for a daily membership (rates include tax).



There is also a Labor Day, September 6th, U.S.Open bus trip for members. Price is \$110 and includes a day session ticket for Arthur Ashe Stadium plus transportation.

Questions? Call Peter at (518) 229-0323.

GLENS FALLS TENNIS & SWIM CLUB

East Sanford Street

Glens Falls, New York 12804

(518) 792-5512

www.gftsc.com